Canvas
Medium size primed canvas- When you are purchasing a canvas if you are planning to frame your painting look for sizes that will fit into ready made frames

Paint
You will need a good heavy body artist grade acrylic paint is several colors I have listed a few that are good for mixing a wide range of colors.
Yellow- Cadmium Yellow Medium Hue, Azo Yellow Medium or Hansa Yellow Medium
Red- Naphthol Crimson or Naphthol Red Light
Blue - Ultramarine Blue
Green - Phthalo Green or Permanent Green Light
White - Titanium White
Black - Mars Black
Brown - Burnt Sienna
Gloss Gel Medium

Brushes
You will need at least three different sized brushes it is nice to have several brushes in different sizes some soft and some stiff
Be sure that the brushes are for acrylic paint if they are not they will not last very long.
Round - small and medium
Bright – medium and large
Flat - large stiff and medium
Fan – medium

Paint Palette
Disposable paper palettes eliminates clean-up but you lose paint
I like a covered palette they have a sponge insert use sheets of acrylic film they keep the paint from drying out. The small Masterson's Handy Palette measures 8-1/2" × 7" is about $10.